

“Being a Parent Mentor to me means believing in someone until they can believe in themselves.”
- Megan, Parent Mentor

How do I find out more about the Parent Mentor Program?

Contact:

Sam Byers
FIT for Recovery Team
(503) 988-3460 Ext. 26693
-OR-
Leah Hall
Court Liaison for the Parent Mentor Program
(503) 313-8959

“Being a Parent Mentor is all about giving. We all deserve a chance at living.”
-Tara - Parent Mentor

Success through Collaboration:

The Parent Mentor Program is a collaboration among Morrison's Parents Anonymous of Oregon program, the FIT for Recovery Team, and the Oregon Department of Human Services.

Parent Mentor Program

A program of Parents Anonymous of Oregon and Morrison Child and Family Services

4945 NE 7th Avenue
Portland, Oregon 97211
503-258-4568



Parent Mentor Program



From isolation towards support,
From hopelessness towards possibility,
From addiction towards recovery,
And from fractured families towards reunification.

"Nurturing the hope and the possibility for change."

"It only takes one person to believe in you, for you to believe in yourself."
- Angelina, Parent Mentor

What is a Parent Mentor?

A mentor is...

- A parent who has also experienced challenges in his/her parenting and has successfully navigated the DHS system.
- A parent who can empathize and support you in entering treatment, maintaining sobriety and reuniting with your children.
- A parent who is familiar with many roads to recovery and who can support you through all stages of recovery

"Having been a person who took from society; being a Parent Mentor allows me to give back to my community and help parents learn a new way to live."
- Leah, Parent Mentor

"Being a Parent Mentor means giving to others what was given to me:
-A Chance! -A New Life!
-My Child! -My Power!
Being a Parent Mentor means sharing this knowledge of hope and recovery with other women.
- Deb, Parent Mentor

"The Parent Mentor Program is a place where we give parents a second chance to become the parent they couldn't be in their addiction."
-Shelly, Parent Mentor

"Being a Parent Mentor means supporting men where they are now and helping them grow into who they want to be."
- Mark, Parent Mentor

"As a parent mentor, I want to be the parent that I never had, and to break the cycle of addiction for families."
-Char, Parent Mentor

How does a Parent Mentor Support You?

Parent mentors can:

- Accompany you to your court hearings, Family Decision Meetings, and Team Decision Meetings
- Maintain contact with you and visit you during treatment or incarceration
- Accompany you to 12 step meetings or any other recovery based meetings
- Help you access community resources
- Support you through the stress of parenting in recovery
- Help you learn to advocate for yourself and your children

"Parent Mentoring is teaching parents how to advocate for themselves and how to find their own voices."
-Christine, Parent Mentor